



**DONA ANA COUNTY HEAD START/EARLY HEAD START**

2540 B El Paseo  
Las Cruces, NM 88001



**PRENATAL PACKET**

**Adult General Health**

Eligible Applicant: \_\_\_\_\_  
*First Name* *MI* *Last Name*

Date: \_\_\_\_\_ Completed by Staff: \_\_\_\_\_

Food Allergies (please list):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Medications (please list):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Chronic and/or Acute Medical Conditions

Yes No N/A

If Yes, please list:

\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Insurance that covers prenatal care:

Private Insurance \_\_\_\_\_  
Medicaid \_\_\_\_\_  
No Health Insurance

Military Insurance  
TriCare or Champus

Date of mothers last Dental Exam: \_\_\_\_\_

Dentist \_\_\_\_\_  
Address \_\_\_\_\_  
City/State \_\_\_\_\_  
Phone \_\_\_\_\_

Eligible Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

What trimester of pregnancy enrolled? 1st trimester (0-3 months)  
2nd trimester (3-6 months)  
3rd trimester (6-9 months)

\*Due Date: \_\_\_\_\_

\*Has the pregnancy been medically identified as high risk? Yes No

Are you receiving Prenatal Care? Yes No

Who is your prenatal care provider? Date of first prenatal visit: \_\_\_\_\_

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State \_\_\_\_\_  
Phone \_\_\_\_\_

Previously pregnant? Yes No N/A Unknown

Number of previous births: \_\_\_\_\_

Comments:

Complications Mother Experienced During Pregnancy (please check all that apply)

Diabetes (insulin dependent) Hypertension  
Vaginal Bleeding (after 12 weeks) Pre-term Labor  
Sickle Cell Anemia Anemia  
Past Post-partum Depression Other \_\_\_\_\_

Is mother taking prescription or over-the-counter medications or herbal medication? Yes No

If yes, please list:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Prenatal Drug Exposure (please check all that apply and specify when applicable)

Caffeine Prescription Drugs \_\_\_\_\_  
Cigarettes Non-Prescription Drugs \_\_\_\_\_  
Alcohol Other \_\_\_\_\_



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**AUTHORIZATION FOR MUTUAL EXCHANGE OF INFORMATION**

I (name) \_\_\_\_\_ authorize the mutual exchange of information concerning my prenatal care between Doña Ana County Head Start/Early Head Start and \_\_\_\_\_ (health care provider or agency).

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

**PREGNANCY VERIFICATION**

Dear Health Care Provider,

\_\_\_\_\_ is a mother participating in our Early Head Start program. Federal Performance Standards require us to verify that she is receiving regular prenatal care.

Is this mother receiving prenatal care from you? Yes No

Date of first prenatal visit \_\_\_\_\_ at \_\_\_\_\_ weeks gestation.

How many prenatal visits has she received up to this date? \_\_\_\_\_

Is her pregnancy considered high risk? Yes No

If yes, please explain:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Date of next scheduled prenatal visit \_\_\_\_\_

Doctor Signature \_\_\_\_\_ Date \_\_\_\_\_

Please fax this form back to Olivia Seppi, Health/Nutrition Specialist at (575) 647-8734.

**Pregnancy Outcome(s) Mother**

Eligible Applicant: \_\_\_\_\_ Date: \_\_\_\_\_

Pregnancy Outcome (please check all that apply)

Ectopic Pregnancy	Fetal Death/Stillborn	Induced Abortion	Live Birth
Multi Live Births	Multiple with Stillborn	Spontaneous Abortion	Other

Outcome Date: \_\_\_\_\_ Discharge Date: \_\_\_\_\_

Was this a premature birth? Yes No N/A

Who is your service provider?

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/State \_\_\_\_\_  
 Phone \_\_\_\_\_

Delivery Location:	Hospital/Clinic	Birthing Center	Home	N/A	
Nursery Type:	Intensive Care	Regular	Special	N/A	
Delivery Method:	Vaginal	C-Section	N/A		
Pluraity:	Singleton	Twin	Triplet	Quad or higher	Unknown

Gestational Age (weeks) \_\_\_\_\_

Complications Associated (please check all that apply)

Pre-eclampsia/Eclampsia	Postpartum hemorrhage	Abruptio placentae
Placenta previa	Pre-term labor	Premature membrane rupture
Fetal Distress	None of the Above	Other _____

**Pregnancy Outcome(s) Infant**

Complete for infant 0-6 months only

Child's Name: \_\_\_\_\_ DOB \_\_\_\_\_ Male Female

Admitted to NICU/SCN: Yes No

Birth Order:	1st born	2nd born	3rd born	4th born
	5th born	6th born	7th born	8th born

Birth Weight: Lb \_\_\_\_\_ Oz \_\_\_\_\_ Birth Length \_\_\_\_\_ in

APGAR 1 Min: \_\_\_\_\_ APGAR 1 Min: \_\_\_\_\_ Specify: \_\_\_\_\_

Baby's Length of Hospital Stay:	Routine Stay 1-2 days	Non-routine, less than 1 week
	One Week to One Month	Over 1 Month Don't Know

Birth Health:	Birth Complication	Normal	Positive Alcohol Screen
	Positive Drug Screen	Unknown	Refused
	Other _____		Birth Defects _____