

CHILD AND ADULT CARE FOOD PROGRAM CENTER NUTRITION EDUCATION DOCUMENTATION



Sponsoring Organization:	Agreement # :
Center Name (if different from above):	# of Centers:
Name of Person Conducting Activity:	Person's Title
Remember that nutrition education <u>always</u> includes education about food and/or nutrients. It can also include games, discussion groups, taste testing, physical activity, etc. Each activity should be appropriate for the age and development of the children in your center.	
Name of Activity:	Date:
Learning Outcome (s): Children will be able to	
	after this activity.
Describe the activity:	Creditable foods used for activity: (Fluid Milk, Meat/Meat Alternate, Fruit/ Vegetable, Grain/Bread)
What did the children like best?	Health / Fitness Internet Activity Make Healthier Choices MyPlate Science / Nature Take-Home Education Info Taste Testing Try New Food Other:
 ✓ Each center must have a nutrition education activity, in at least one cla once a month. ✓ All activities must be documented and kept in the center files for State Reviewers. ✓ Mail or fax one copy of the September, January and April Nutrition Documentation form for each center to: Family Nutrition Bureau Attn: Nutritionist 3401 Pan American Freeway NE Albuquerque, NM 87107 (505) 841-4856 (Phone) (505) 841-4858 (Fa 	Agency Education
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